NORTHSIDE GASTRO

Upper Endoscopy/EGD/Bravo Instructions

Please report to: _____ Ascension St. Vincent Hospital
Endo Center Entrance #8
2001 W. 86th St.
Indianapolis, IN 46260

_____Ascension St. Vincent Hospital
Digestive Health Center Ent #1
13500 N. Meridian St.
Carmel, IN 46032

Procedure Date: _____ Arrival Time: _____ Procedure Time: _____

****To have a successful upper endoscopy, your stomach must be clear of any food or liquid. This allows your doctor to view your entire stomach. It is extremely important to follow the instructions below.****

1 Week Prior	1 Day Prior	Procedure Day
*Please **STOP** any of the following medications 7 days prior to procedure: Zantac/Ranitidine, Pepcid/Famotidine, Axid/Nizatidine, Tagamet/Cimetidine, Prilosec/Omeprazole, Prevacid/Lasoprazole, Nexium/Esomeprazole, Aciphex/Rabeprazole, Protonix/Pantoprazole, and Dexilant/Dexlansoprazole. *Review the medication list on Pg. 2 and follow instructions to determine if you need to hold any medications and/or how to take your medications on the day of the procedure. * If you have had significant illness/respiratory illness in the last week, please call 317-872-7396 to speak with the medical assistant.	* During the day, you may eat and drink as you normally would. *Please confirm your driver. Public transportation such as bus, taxi, Uber/Lyft are prohibited. If you do not have a driver and are receiving anesthesia, your procedure will be cancelled. *Complete your paperwork if scheduled at Carmel Ascension. ***NO SOLID FOOD AFTER MIDNIGHT!**	***NO FOOD!*** ***Do NOT eat or drink after midnight*** *Medications that need to be taken regularly, such as high blood pressure & heart medications, can be taken with small sips of water when you awaken in the morning. *Arrive 1 hour prior to your scheduled procedure time.

If you need to cancel or reschedule, please call our office at 317.872.7396 and choose the option for scheduling.

Revised 06 November 2026

IF YOU TAKE A BLOOD THINNER, DIABETIC MEDICATION, OR WEIGHT LOSS MEDICATION (ORAL OR INJECTABLE), PLEASE FOLLOW THE INSTRUCTIONS BELOW:

****PLEASE CHECK WITH THE PHYSICIAN WHO PRESCRIBED YOUR MEDICATION, PRIOR TO DISCONTINUING IT!****

BLOOD THINNERS

Name of Medication	Stop taking the medication this number of days prior to procedure
Ticlid/Ticlopidine	10 Days
Aggrenox/Dipyridamole/ASA	7 Days
Coumadin/Warfarin/Jantoven, Effient/Prasugrel, Plavix/Clopidogrel	5 Days
Arixtra/Fondaparinux	2-4 Days
Brilinta/Ticargelor, Savaysa/Edoxaban	3 Days
Eliquis/Apixaban, Pletal/Cilostazol, Pradaxa/Dabigatran, Xarelto/Rivaroxaban	2 Days
Persantine/Dipyridamole	1 Day

DIABETIC MEDICATIONS

Name of Medication	Stop taking the medication this number of days prior to procedure
Steglatro/Ertuglifozin	4 Days
Brenzavvy/Bexaglifozin, Glyxambi/Linagliptin, Farxiga/Dapagliflozin, Invokamet, Invokana/Canagliflozin, Jardiance/Empagliflozin, Segluromet, Synjardy/Januvia, Steglujan, Xigduo	3 Days

GLP1/GIP's (ADDITIONAL DIABETIC AND WEIGHT LOSS MEDICATIONS – ORAL & INJECTABLE)

***If you take an injectable (shot form) GLP1 or GIP, please STOP these medications 1 week prior to your procedure.**

***If you take an oral (pill form) GLP1 or GIP, and scheduled at the Naab Rd endo center please STOP these medications 1 day prior to your procedure.**

***If you take an oral (pill form) GLP1 or GIP, and scheduled at the Hospital/Ascension endo center please STOP these medications 1 day prior to your procedure.**

ALL OTHER MEDICATIONS

If you're taking medication for pain, high blood pressure, seizures, asthma, thyroid disease, irregular heartbeat, or on prednisone, you may take these with a **SMALL SIP** of water, 4 hours prior to your procedure.

Stop taking iron pills, such as ferrous sulfate, polysaccharide iron complex, or a multi-vitamin with iron **1 WEEK** before your procedure.

If you use an inhaler on a regular basis, please **USE IT THE MORNING OF THE PROCEDURE** and bring it with you.

About Bravo testing

Your doctor has scheduled you for a 96-hour Bravo pH study. This system is used for monitoring and assessment of reflux or GERD, in the lower part of your esophagus.

During the upper endoscopy (EGD), a small pH capsule device will be attached to the lower part of our esophagus. The device is approximately the size of a pencil eraser. You will wear a pager sized receiver around your waist for 96 hours. The capsule transmits information to that receiver about the acid exposure it is sensing. During the study, you will be given a diary to write down the times that you experience symptoms as well as when you eat or lie down. Once the study is complete, you will need to return the receiver and the diary to the Digestive Health Department only. The pH capsule naturally falls off the wall of the esophagus, usually within several days, and passes through the digestive tract.

*This procedure is not recommended if you have a pacemaker, defibrillator, or other implanted internal device such as a pain control device, insulin pump, or continuous glucose monitoring system (CGMS). The Bravo recorder may interfere with your device. Please discuss other options with your physician.

*Please note the device used in this test contains nickel. If you have a nickel allergy, you will not be able to have this test.

*You will not be able to have an MRI for 30 days following a Bravo test.

